

# Adult Health History

(16 years and older)

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

*Check all items that apply to you and fill in blanks as needed. Complete all sections.*

**Past Medical History:** (Please include dates) **o N/A**

- Acne
- ADD
  - ADHD
- Allergies (other than drug) \_\_\_\_\_
- Anemia
  - Other blood problems
- Anesthesia complications
- Arthritis, rheumatoid
  - Osteoarthritis
- Asthma
- Cancer/Tumor, explain: \_\_\_\_\_
- COPD
  - Emphysema
  - Other lung disease: \_\_\_\_\_
- Depression
  - Anxiety
  - Suicide attempts
- Diabetes, type 1
  - Type 2, how long: \_\_\_\_\_
- Drug abuse
  - Alcohol abuse
- Epilepsy (seizures)
- Glaucoma
  - Cataracts, L or R eye(s): \_\_\_\_\_
- Gout
- Headaches, type: \_\_\_\_\_
- Hearing loss
  - Deafness
- Heart disease
- Heart disease
- Hepatitis, A\_\_\_\_ or B\_\_\_\_ or C\_\_\_\_
- High cholesterol
- HIV or AIDS
- Hypertension (high blood pressure)
- Hypothyroid (low)
- Hyperthyroid (high)
- Irritable Bowel Syndrome
  - Colon disease
- Kidney disease
  - Kidney stone
- Pap smear, Abnormal
- Post menopausal, year of last period \_\_\_\_\_
- Psychiatric treatment, in-patient or out-patient: \_\_\_\_\_
- Reflux (GERD)
- Ulcer disease
- Sexually transmitted disease (STD) \_\_\_\_\_
- Skin disease
  - Eczema
  - Psoriasis
- Stroke
- Tuberculosis (TB), last chest x-ray \_\_\_\_\_
- Other: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Females only** > Number of : Pregnancies \_\_\_\_\_ Live Births \_\_\_\_\_ Miscarriages \_\_\_\_\_ Abortions \_\_\_\_\_  
Age at first period \_\_\_\_\_ years old, Birth control method \_\_\_\_\_

**Past Surgical & Hospitalization History:** (Please include dates) **o N/A**

- Angioplasty \_\_\_\_\_
- Appendectomy \_\_\_\_\_
- Back, procedure: \_\_\_\_\_
- Blood transfusion, year \_\_\_\_\_
- Breast, R or L, procedure \_\_\_\_\_
- Cervical freezing \_\_\_\_\_
- LEEP \_\_\_\_\_
- Fracture \_\_\_\_\_
- Gallbladder \_\_\_\_\_
- Hernia, R or L, type \_\_\_\_\_
- Hysterectomy (uterus) \_\_\_\_\_
  - Ovaries removed also
- Knee, R or L, procedure \_\_\_\_\_
- Tonsillectomy \_\_\_\_\_
- Tubal ligation (tubes tied) \_\_\_\_\_
- Vasectomy \_\_\_\_\_
- Other \_\_\_\_\_
- Other \_\_\_\_\_

**Procedures** > Date of last: EKG \_\_\_\_\_ Colonoscopy \_\_\_\_\_ Eye exam \_\_\_\_\_ Stress test \_\_\_\_\_

**Females only** > Date of last: Pap Smear \_\_\_\_\_ Mammogram \_\_\_\_\_ Bone density \_\_\_\_\_

**Males only** > Date of last: Physical exam \_\_\_\_\_ Prostate exam \_\_\_\_\_ PSA \_\_\_\_\_

**Current specialists:** \_\_\_\_\_

**Previous physicians:** \_\_\_\_\_

Patient Name: \_\_\_\_\_

**Drug Allergies:**     No Known Drug Allergies

<u>Name of Drug</u>	<u>Reaction</u>
_____	_____
_____	_____
_____	_____

**Current Medications:** (prescriptions, birth control pills, over-the-counter, herbs, vitamins):

<u>Medication</u>	<u>Strength/Dose</u>	<u>Frequency</u>	<u>Medication</u>	<u>Strength/Dose</u>	<u>Frequency</u>
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

**Immunizations:**     Tetanus Booster \_\_\_\_\_     Flu Vaccine \_\_\_\_\_     Other \_\_\_\_\_  
 (Date received)     Pneumonia \_\_\_\_\_     Hepatitis B \_\_\_\_\_     TB skin test \_\_\_\_\_

**Social History:**

Marital Status:     Married     Divorced     Single     Separated     Widowed

Your Occupation: \_\_\_\_\_

***Please check appropriate spots for each of the following items:***

Tobacco use:     No     Yes (  Cigarettes     Chew/snuff , ? per day\_\_\_\_; how long\_\_\_\_)     Quit, when\_\_\_\_\_

Alcohol use:     No     Yes (Quantity: number of drinks or bottles of beer per week\_\_\_\_\_)

Caffeine:     No     Yes (Quantity: number of cups/glasses/cans per day of coffee, tea or soda \_\_\_\_\_)

Recreational drugs:     No     Yes (what drugs do you use\_\_\_\_\_)

Sexually Active:     No     Yes

Seat Belt Use:     No     Yes

**Family History:**

	<u>Living</u>		<u>Deceased</u>	
	<u>Age</u>	<u>Health Status or Illnesses</u>	<u>Age</u>	<u>Cause of death &amp; Illnesses</u>
Father	_____	_____	_____	_____
Mother	_____	_____	_____	_____
Father's father	_____	_____	_____	_____
Father's mother	_____	_____	_____	_____
Mother's father	_____	_____	_____	_____
Mother's mother	_____	_____	_____	_____
Brothers	_____	_____	_____	_____
Sisters	_____	_____	_____	_____
Children	_____	_____	_____	_____

Adopted – Family history unknown

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Provider Reviewed: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_